

**Challenge sexist dress codes.**

**Assert your rights.**


*For free legal advice, contact the  
Human Rights Legal Support Centre  
at [www.hrlsc.on.ca](http://www.hrlsc.on.ca)*

1. Talk to a trusted co-worker and compare your experiences.
2. Download the OHRC's policy position to share with co-workers.
3. Record your concerns. Explain how they relate to your sex, creed, gender identity or gender expression.
4. Ask your co-workers to co-sign a letter to your employer. Enclose the OHRC's policy position.



**I was told to show more skin  
because customers like it.**

*Does your dress code violate the Human Rights Code?*



**If I don't wear a low-cut top,  
I won't get put on the schedule.**

*Does your dress code violate the Human Rights Code?*

**I was told wearing makeup  
is “just part of the job.”**

*Does your dress code violate the Human Rights Code?*



**Wearing high heels has nothing to do  
with customer service.**

*Does your dress code violate the Human Rights Code?*



A woman with a large, voluminous afro hairstyle is shown from the chest up. She is looking slightly to her right with a calm expression. She is wearing a black, short-sleeved top. The background is a blurred indoor setting with warm lighting and bokeh effects.

**I wore pants instead of a skirt.**

**My manager sent me home.**

*Does your dress code violate the Human Rights Code?*